

## Critical Care Medicine List of Most Common Diets and Modifications

House and Therapeutic Diets		Diet Order Modifications <b>** Modifications must be ordered in combination with a house or therapeutic diet.</b>
<b>House Diets</b>	<b>Fluid Diets</b>	<b>Fluid Restrictions</b>
Regular Maternal Six small Meals Vegetarian Kosher Halal Vegan	Clear Fluids Full Fluids	750 ml Fluid Restriction 1000 ml Fluid Restriction 1500 ml Fluid Restriction
	<b>Surgery Diets</b>	
<b>Renal Diets</b>	Dumping Syndrome Esophageal Surgery Bariatric Surgery	<b>Fluid Consistencies</b>
Chronic Kidney Disease Hemodialysis Acute Renal Failure Peritoneal Dialysis Renal Transplant Low Potassium	<b>Miscellaneous Therapeutic Diets</b>	Nectar Thick Fluids Honey Thick Fluids Pudding Thick Fluids
	High Calorie, High Protein Low Fat Anti- Reflux Heart Healthy 1200 Calorie 1500 Calorie Metabolic Disorders	<b>Texture Modifications</b>
<b>Diabetic Diets</b>		Pureed Minced Soft Bite-Sized No Bread Products No Solids
Diabetic Maternal Diabetic		
<b>Sodium Restricted Diet</b>	<b>Adverse Reaction Diets</b>	
Low Sodium	Gluten free Lactose Free Low Lactose	
<b>Fibre Diets</b>	<b>Non-Oral Diets</b>	
Low Fibre High Fibre	Enteral Nutrition Parenteral Nutrition	

\*\* Please note this chart represents only the most common diets used in Critical Care.  
Refer to the KGH List of Acceptable Diets document for the complete list of diet available at KGH.