

Critical Care Medicine List of Most Common Diets and Modifications

House and Therapeutic Diets		Diet Order Modifications ** Modifications must be ordered in combination with a house or therapeutic diet.
House Diets	Fluid Diets	Fluid Restrictions
Regular Maternal Six small Meals Vegetarian Kosher Halal Vegan	Clear Fluids Full Fluids	750 ml Fluid Restriction 1000 ml Fluid Restriction 1500 ml Fluid Restriction
	Surgery Diets	
Renal Diets	Dumping Syndrome Esophageal Surgery Bariatric Surgery	Fluid Consistencies
Chronic Kidney Disease Hemodialysis Acute Renal Failure Peritoneal Dialysis Renal Transplant Low Potassium	Miscellaneous Therapeutic Diets	Nectar Thick Fluids Honey Thick Fluids Pudding Thick Fluids
	High Calorie, High Protein Low Fat Anti- Reflux Heart Healthy 1200 Calorie 1500 Calorie Metabolic Disorders	Texture Modifications
Diabetic Diets		Pureed Minced Soft Bite-Sized No Bread Products No Solids
Diabetic Maternal Diabetic		
Sodium Restricted Diet	Adverse Reaction Diets	
Low Sodium	Gluten free Lactose Free Low Lactose	
Fibre Diets	Non-Oral Diets	
Low Fibre High Fibre	Enteral Nutrition Parenteral Nutrition	

** Please note this chart represents only the most common diets used in Critical Care.
Refer to the KGH List of Acceptable Diets document for the complete list of diet available at KGH.